



R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE

Dr. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



Activity Report	
INSTITUTE	R.N. Kapoor Memorial Ayurvedic Medical College & Hospital
ACTIVITYTYPE	Hamara Ayush Hamara Swasthya – Health Checkup camp Govt.Primary School (Bijjukhedi village)
DATE	01 March 2024
NO.OF PATIENTS	49
MEDICAL CAMP CO-ORDINATOR	Dr. Umakant Jibhakate MS.(Shalakya Tantra), Dr. Ayushi Sharma(MO)
FACULTY CONTACT DETAILS	8817770281

Details about the activity:

R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore, had organized a one-day general health check up camp on 01/03/2024 in Village-Bijjukhedi, Indore.

The health checkup camp was inaugurated by Dr. Umakant Jibhakate Consultant -Dept. of Shalakya Tantra, R.N. Kapoor Memorial Ayurvedic Medical College & Hospital Indore, Dr. APJ Abdul Kalam University Indore.

The inaugural program was followed by registration, screening, Vision Test and personal consultation of the people. 49 Patients have been benefitted by the camp of EYE & ENT diseases and general diseases.

The team of Consultants included Dr. Umakant Jibhakate MS.(Shalakya Tantra), Dr. Ayushi Sharma (MO) and the camp was supported by hospital staff Mrs. Mayuri Lahori, Pathology Staff Mr. Vishal Patidar and 5 students of 2nd year BAMS.

The people expressed their gratitude to Consultant & team of R.N. Kapoor Memorial Ayurvedic Medical College & Hospital and requested to conduct the health check-up periodically for better health.

PRINCIPAL

Dr. Manisha Dunghav

CO-ORDINATOR
Dr. Umakant Jibhakate

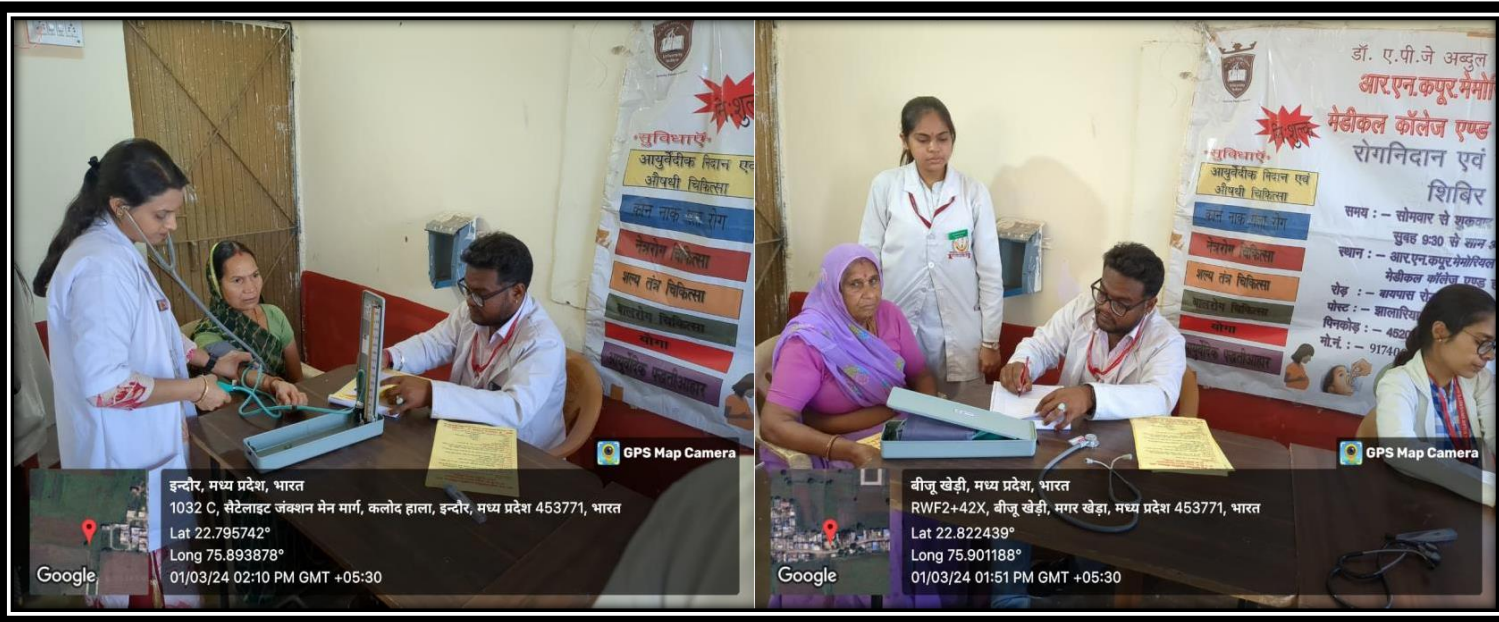


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Dr. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



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GLIMPSES OF MEDICAL CHECKUP





R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE

Dr. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



ACTIVITY REPORT

INSTITUTE	R.N. Kapoor Memorial Ayurvedic Medical College & Hospital
ACTIVITY TYPE	World Health Day Celebration
DATE	07-08 April 2024 (Monday)
CO-ORDINATOR	Dr Sani Mol Sunny, Dr Alka Chouhan
FACULTY CONTACT DETAILS	8279651950

Details about the World Health day Celebration:

R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore under APJ Abdul Kalam University Indore celebrated The World Health Day on 8th of April 2024. The celebration of World Health Day commenced at 10.30 A.M with Rally in University Campus and thereafter at 1.30 P.M onwards Elocution Competition has been conducted for all the students.

Rally on Health Awareness - A Rally was conducted by all the Ayurveda students and faculties with slogan "Mera Swasthya, Mera Adhikar", started from our institute at 10.30 A.M and cover the University Campus. Students of Sr. batch 2021-2022 prepared 2 beautiful posters on health awareness.

Elocution Competition: The Competition was held in R.N. Kapoor Memorial Ayurvedic Medical College & Hospital at I Block Ground floor-Agnivesh Hall.

Dr. Ganesh Mate, Dept. of Rachana Sharira and Dr. Veeranna Haveri, Dept. of Rasashastra and Bhaishajya Kalpana was appointed as judge.

Total 10 students from Sr.and Jr.batch participated in the competition. Students very well gathered information and spoke with confidence which was really appreciating.

Results of Elocution competition are as follow:-

- 1st Prize- Mr.Atul Bhadoria
- 2nd Prize- Ms.Yashvi Bhaswar
- 2nd Prize- Ms.Manasvi Rathore
- 3rd Prize- Ms.Rucha Apte

Indore - Dewas Bypass Road, Village: Arandia, Indore - 452010

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Dr. Sani Mol Sunny, Assistant Professor of the Dept. of Rasashastra and Bhaishajya Kalpana had coordinated the event successfully.

Outcome/Feedback

Overall response of competition was very good. The students were happy to participate in such innovative learning activities and looking forward for such programmes to be arranged in future.

GLIMPSES OF RALLY ON THE OCCASION OF WORLD HEALTH DAY



R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE
DR. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)

Presents
On the Occasion of
WORLD HEALTH DAY-2024
Mera Swasthya Mera Adhikar
Date – 8 April 2024

"Rally"
For the welfare of individual
Time: 10:30 A.M onwards
Place- University Campus

"Elocution Competition"
Time:- 1.30PM – 2.30PM
Place:- I Block

Dr. Manisha G Dughav Principal - RNKMAMCH, Indore (M.P.)

CALL : 1800 3002 6072, 9174007611

DR.APIAK University @drapjabdulkalamuniversity5078 @API_University





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GLIMPSES OF ELOCUTION COMPETITION



Sani

Co-Ordinator
Dr.Sani Sunny Mol



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Activity Report	
INSTITUTE	R.N.Kapoor Memorial Ayurvedic Medical College & Hospital
ACTIVITY TYPE	Awareness talk on Women's Rights
DATE	08 March 2024
CO-ORDINATOR	Dr.Priyanka Teva
FACULTY CONTACT DETAILS	8989839373

Details about the activity:

As a part of Azadi Ka Amrit Mahotsav and on the occasion of International Women's Day, Prasuti Tantra and Stree Roga Department had organized a one-day Awareness Talk for all on the Topic "Women's Rights" on 08/03/2024 at R.N. Kapoor Memorial Ayurvedic Hospital, Indore.

The lecture was delivered by Dr. Nirala, Principal, College of Law, Dr. Abdul Kalam University Indore.

Dr. Priyanka Teva coordinated the Awareness Talk programme

Beneficiary women expressed their gratitude to Principal Dr. Nirala, Dr. Manisha Dhungav and Dr. Priyanka Teva (Consultant) & team of R.N. Kapoor Memorial Ayurvedic Medical College & Hospital and requested to conduct more such activity in future.

PRINCIPAL
Dr. Manisha Dunghav

CO-ORDINATOR
Dr. Priyanka Teva



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GLIMPSES OF AWARENESS TALK ON WOMEN'S RIGHTS

UNDER THE AZADI KA AMRITMAHOTSAV





R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE

Dr. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



Activity Report

INSTITUTE	R.N. Kapoor Memorial Ayurvedic Medical College &Hospital
ACTIVITYTYPE	Hamara Ayush Hamara Swasthya – Health Checkup camp Health Awareness talk Shashkiya Prathmik School(Rampipliya Village)
DATE	14 February 2024
NO.OF PATIENTS	31
MEDICAL CAMP CO-ORDINATOR	Dr Ashish Choyal MD. (Panchkarma) Consultant, Dr. Ayushi Sharma (MO)
FACULTY CONTACT DETAILS	7000944387

Details about the activity:

R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore, had organized a one-day general health check up camp on 14/02/2024 in Village-Rampipliya, Indore.

The health checkup camp was inaugurated by Dr. Ashish Choyal Consultant -Dept. of Panchkarma, R.N. Kapoor Memorial Ayurvedic Medical College & Hospital Indore, Dr. APJ Abdul Kalam University Indore.

The inaugural program was followed by registration, screening, and personal consultation of the people. 31 Patients have been benefitted by the camp.

The team of Consultants included Dr. Ashish Choyal MD. (Panchkarma), Dr. Ayushi Sharma (MO) and the camp was supported by hospital staff Mr. Niraj Shakya, Pathology Staff Mr. Vishal Patidar and 10 students of 2nd year BAMS.

The people expressed their gratitude to Consultant & team of R.N. Kapoor Memorial Ayurvedic Medical College & Hospital and requested to conduct the health check-up periodically for better health.

PRINCIPAL
Dr. Manisha Dunghav

CO-ORDINATOR
Dr. Ashish Choyal



GLIMPSES OF MEDICAL CHECKUP





Activity Report	
INSTITUTE	R.N.KapoorMemorialAyurvedicMedicalCollege&Hospital
ACTIVITYTYPE	Field visit to Badgonda Nursery
DATE	14 March 2024
Faculty Members	Prof. Suresh Saini, Dr. Aparna Dixit, Dr. SaniMol Sunny
Department	Department of Dravyaguna R.N.KapoorMemorial AyurvedicMdicolCollegeandHospital,Indore
FACULTYCONTACTDETAILS	8097140062

Details about the activity:

As per syllabus of B.A.M.S. II prof. provided by the NCISM, there are three field visits mandatory for the students of B.A.M.S. II prof. so, the first visit of B.A.M.S. II prof. 2021-2022 batch were done in the **Badgonda Nursery, MHOW, Indore**, 50 Km far from the institute. 54 out of 59 students and 3 faculty members were present during the visit. There are more than 50 wild species of medicinal plants were available in the nursery for eg. *Pterocarpus marsupium*, *Oogenisoogenesis*, *Pterospermum acerifolium*, *Semicarpus anacardium* etc.

Deputy Ranger Mr. Arun Kumar and Staff member Mr. Ramesh Barde told about different methods of cultivation of these plants as well as their importance. Among them, we brought 25 species to grow in herbal garden of the college.

The educational field visit was very enthusiastic and successful under the guidance of **Prof. Suresh Saini**.



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HOD
Prof. Suresh Saini
Dept. Dravyaguna

Aprana Dixit

Co-ordinator
Dr. Aprana Dixit
Dept. Dravyagun



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Activity Report

INSTITUTE	R.N.Kapoor Memorial Ayurvedic Medical College & Hospital
ACTIVITY TYPE	Plantation by Guest- Sarpanch of Gram Pipliyahana
DATE	15th January 2024
CO-ORDINATOR	Prof. Suresh Saini, Dr. Aparna Dixit

On the occasion of Makar—sankranti 15th January 2024, there are 5 medicinal plants planted by Sarpanch of Gram Pipliyahana in the Herbal garden of R.N. Kapoor Memorial Ayurvedic Medical College & Hospital. The activity is co-ordinated by Prof. Suresh Saini, Dr. Aparna Dixit and gardeners under the guidance of respected Principal Madam Prof. Manisha Dunghav.

The name of medicinal plants plants are:

1. Vasa,
2. Haritaki,
3. Ashok,
4. Aragvadh,
5. Bruhati



HOD & Professor
Dept. of Dravyaguna



Activity Report

INSTITUTE	R.N.KAPOORMEMORIALAYURVEDICMEDICALCOLLEGE&HOSPITAL,INDORE
ACTIVITYTYPE	SPORTS & CULTURAL EVENTS (Indoor Activity)
SUB EVENTS	BADMINTAN
DATE	15 TO 19 APRIL 2024
YEAR/CLASS	BAMS ALL BATCHES
DURATION	6 TO 8 DAYS
NAMEOFORGANIZATION	DR. APJABDULKALAMUNIVERSITY&R.N.KAPOOR MEMORIALAYURVEDICMEDICALCOLLEGE&HOSPITAL,INDORE
NO. OFPARTICIPANTS	40
FACULTYCOORDINATORS	Dr Arvind Paikrao and Dr Priyanka Solanki
FACULTYCONTACTDETAILS	74409609599

Name of the Theme

‘AYURABHIVYAKTI-2024’

The day started with the prayer and Dhanwantari Pooja by respected Principal Madam and Faculty members.

Inauguration Session: Inauguration of the **SPORTS & CULTURAL EVENTS (Indoor Activity)** is being held by respected Principal Madam and Faculty members.

Introduction by Principal: Respected Principal Madam addressed the new comers about the program with her precious words.

Introduction of the Program: Introduction of the program is given by Co-ordinator Dr Arvind

Paikrao & Dr Priyanka Solanki.

Judges of Programme:- Dr Gundappa Rao & Dr Ganesh Mate

Winners of the Programme:-

Male single:- Asim Shaikh (Winner) BAMS Second Prof (2021-22).& Tanmaya Desale (Runner up) BAMS First Prof (2023-24).

Male Double:- Asim Saikh & Malay Rai (Winner) BAMS Second Prof (2021-22). Tanmay Desale & Vishal Solanki (Runner up) BAMS First Prof (2023-24).

Female Single:- Riddhi Rajashekhar (Winner) BAMS First Prof (2022-23). Vanshika Malviya (Runner up) BAMS First Prof (2023-24).

Female Double: Riddhi Rajshekhar & Siddhi Rajshekhar (Winner) BAMS First Prof (2022-23). Apoorva Mishra & Khushi Agarwal (Runner up) BAMS Second Prof (2021-22)



Co-ordinator

Dr. Arvind Paikrao

Co-ordinator

Dr. Priyanka Solanki



Activity Report

INSTITUTE	R.N.KAPOORMEMORIALAYURVEDICMEDICALCOLLEGE&HOSPITAL,INDORE
ACTIVITYTYPE	SPORTS & CULTURAL EVENTS (Indoor Activity)
SUB EVENTS	CARROM
DATE	15 TO 19 APRIL 2024
YEAR/CLASS	BAMS ALL BATCHES
DURATION	6 TO 8 DAYS
NAMEOFORGANIZATION	DR. APJABDULKALAMUNIVERSITY&R.N.KAPOOR MEMORIALAYURVEDICMEDICALCOLLEGE&HOSPITAL, INDORE
NO. OFPARTICIPANTS	12
FACULTYCOORDINATOR	Dr Arvind Paikrao and Dr Priyanka Solanki
FACULTYCONTACTDETAILS	74409609599

Name of the Theme

‘AYURABHIVYAKTI-2024’

The day started with the prayer and Dhanwantari Pooja by respected Principal Madam and Faculty members.

Inauguration Session: Inauguration of the SPORTS & CULTURAL EVENTS (Indoor Activity) is being held by respected Principal Madam and Faculty members.

Introduction by Principal: Respected Principal Madam addressed the new comers about the program with her precious words.

Introduction of the Program: Introduction of the program is given by Co-ordinator Dr Arvind

Paikrao & Dr Priyanka Solanki.

Judges of Programme:- Dr Jyoti Jagtap & Dr Neha Rathore

Winners of the Programme:-

Male:- Sonu Kanojiya (Winner) BAMS Second Prof (2023-24) & Yashavant Tambekar (Runner up) BAMS Second Prof (2021-22).

Female:- Prachi Sarva (Winner) BAMS First Prof (2023-24). Aliya Quereshi (Runner up) BAMS First Prof (2022-23).





Co-ordinator
Dr. Arvind Paikrao

Co-ordinator
Dr. Priyanka Solanki



Activity Report

INSTITUTE	R.N.KAPOORMEMORIALAYURVEDICMEDICALCOLLEGE&HOSPITAL, INDORE
ACTIVITYTYPE	SPORTS & CULTURAL EVENTS (Indoor Activity)
SUB EVENTS	TABLE TENNIS
DATE	15 TO 19 APRIL 2024
YEAR/CLASS	BAMS ALL BATCHES
DURATION	6 TO 8 DAYS
NAMEOFORGANIZATION	DR. APJABDULKALAMUNIVERSITY&R.N.KAPOOR MEMORIALAYURVEDICMEDICALCOLLEGE&HOSPITAL, INDORE
NO. OFPARTICIPANTS	18
FACULTYCOORDINATOR	Dr Arvind Paikrao and Dr Priyanka Solanki
FACULTYCONTACTDETAILS	74409609599

Name of the Theme

‘AYURABHIVYAKTI-2024’

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Inauguration Session: Inauguration of the **SPORTS & CULTURAL EVENTS (Indoor Activity)** is being held by respected Principal Madam and Faculty members.

Introduction by Principal: Respected Principal Madam addressed the new comers about the program with her precious words.

Introduction of the Program: Introduction of the program is given by Co-ordinator Dr Arvind

Paikrao & Dr Priyanka Solanki.

Judges of Programme:- Dr. Manisha Dughav & Dr Suresh Saini

Winners of the Programme:-

Male single:- Rahul Dangi (Winner) BAMS First Prof (2023-24).& Asim Saikh (Runner up) BAMS Second Prof (2021-22).

Male Double:- Rahul Dangi & Lakshya Sharma (Winner) BAMS First Prof (2023-24).& Asim Saikh & Atul Bhadoriya (Runner up) BAMS Second Prof (2021-22).

Female Single:- Anisha Dahare (Winner) BAMS Second Prof (2021-22). Bhumisha Jiyani (Runner up) BAMS Second Prof (2021-22).



Co-ordinator
Dr. Arvind Paikrao

Co-ordinator
Dr. Priyanka Solanki



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Dr. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



Activity Report

INSTITUTE	R.N.KapoorMemorialAyurvedicMedicalCollege&Hospital
ACTIVITYTYPE	HamaraAyushHamaraSwasthya– SwarnaPrashanaCamp&healthcheck-upcamp
DATE	16thApril2024
NO.OFPATIENTS	08
MEDICALCAMPCO-ORDINATOR	Dr.AlkaChouhan
FACULTYCONTACTDETAILS	8878746824

Detailsabouttheactivity:

On the auspicious occasion of Pushya Nakshatra we at R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore had organized a Swarna Prashana camp on 16/04/2024 at Kaumarabhritya OPD, D'block of this institute.

The Swarna Prashana camp was inaugurated by Dr. Alka Chouhan, Consultant of Dept. of Kaumarabhrithya R.N. Kapoor Memorial Ayurvedic Medical College & Hospital Indore, Dr. APJ Abdul Kalam University Indore. Inaugural address was also delivered by her.

The inaugural program was followed by registration, screening and personal consultation of the people. 08 Patients had been benefitted by the camp.

**PRINCIPAL
DR.MANISHAGDUNGHAV**

**CO-ORDINATOR
CONSULTANT
DR.ALKACHOUHAN**



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Activity Report	
INSTITUTE	R.N.KapoorMemorialAyurvedicMedicalCollege&Hospital
ACTIVITYTYPE	HamaraAyushHamaraSwasthya– SwarnaPrashanaCamp&healthcheck-upcamp
DATE	22 nd Feb2024
NO.OFPATIENTS	07
MEDICALCAMPCO-ORDINATOR	Dr.AlkaChouhan
FACULTYCONTACTDETAILS	8878746824

Detailsabouttheactivity:

on the auspicious occasion of Pushya Nakshatra we at R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore had organized a Swarna Prashana camp on 22/02/2024 at Kaumarabhrithya OPD, D'block of this institute.

The Swarna Prashana camp was inaugurated by Dr. Alka Chouhan, Consultant of Dept. of Kaumarabhrithya R.N. Kapoor Memorial Ayurvedic Medical College & Hospital Indore, Dr. APJ Abdul Kalam University Indore. Inaugural address was also delivered by her.

The inaugural program was followed by registration, screening and personal consultation of the people. 07 Patients had been benefitted by the camp.

**PRINCIPAL
DR.MANISHAGDUNGHAV**

**CO-ORDINATOR
CONSULTANT
DR.ALKACHOUHAN**



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Activity Report	
INSTITUTE	R.N.KapoorMemorialAyurvedicMedicalCollege&Hospital
ACTIVITYTYPE	HamaraAyushHamaraSwasthya–SwarnaPrashanaCamp
DATE	25 th Jan 2024
NO.OF PATIENTS	13
MEDICALCAMPCO-ORDINATOR	Dr.AlkaChouhan
FACULTYCONTACTDETAILS	8878746824

Details abouttheactivity:

OntheauspiciousoccasionofPushyaNakshatraweatR.N.KapoorMemorialAyurvedicMedicalCollege&Hospital,IndorehadorganizedaSwarnaPrashanacamp on25/01/2024 atKaumarabhritya OPD, D' block of this institute.

TheSwarnaPrashanacampwasinauguratedbyDr.AlkaChouhan,ConsultantofDept.ofKaumarabhrithya R.N KapoorMemorialAyurvedic MedicalCollege & HospitalIndore, Dr. APJAbdul Kalam University Indore.Inauguraladdresswasalsodeliveredbyher.

The inaugural program was followed by registration, screening and personal consultation of thepeople.13Patientshad beenbenefittedbythecamp.

**PRINCIPAL
DR.MANISHA GDUNGHAV**

**CO-ORDINATOR
CONSULTANT
DR.ALKA CHOUHAN**



(SWARNA PRASHANA CAMP)





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Activity Report	
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ACTIVITYTYPE	HamaraAyushHamaraSwasthya–SwarnaPrashanaCamp
DATE	25 th Jan 2024
NO.OF PATIENTS	13
MEDICALCAMPCO-ORDINATOR	Dr.AlkaChouhan
FACULTYCONTACTDETAILS	8878746824

Details abouttheactivity:

OntheauspiciousoccasionofPushyaNakshatraweat R.N.KapoorMemorialAyurvedicMedicalCollege&Hospital,IndorehadorganizedaSwarnaPrashanacamp on25/01/2024 atKaumarabhritya OPD, D' block of this institute.

TheSwarnaPrashanacampwasinauguratedbyDr.AlkaChouhan,ConsultantofDept.ofKaumarabhritya R.N KapoorMemorialAyurvedic MedicalCollege & HospitalIndore, Dr. APJAbdul Kalam University Indore.Inauguraladdresswasalsodeliveredbyher.

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**PRINCIPAL
DR.MANISHA GDUNGHAV**

**CO-ORDINATOR
CONSULTANT
DR.ALKA CHOUHAN**



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(SWARNA PRASHANA CAMP)





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NO.OF PATIENTS	13
MEDICALCAMPCO-ORDINATOR	Dr.AlkaChouhan
FACULTYCONTACTDETAILS	8878746824

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TheSwarnaPrashanacampwasinauguratedbyDr.AlkaChouhan,ConsultantofDept.ofKaumarabhritya R.N KapoorMemorialAyurvedic MedicalCollege & HospitalIndore, Dr. APJAbdul Kalam University Indore.Inauguraladdresswasalsodeliveredbyher.

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**PRINCIPAL
DR.MANISHA GDUNGHAV**

**CO-ORDINATOR
CONSULTANT
DR.ALKA CHOUHAN**



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(SWARNA PRASHANA CAMP)





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ActivityReport	
INSTITUTE	R.N.KapoorMemorialAyurvedic MedicalCollege &Hospital
ACTIVITYTYPE	Plantation
DATE	26 th January 2024
CO-ORDINATOR	Prof. Suresh Saini, Dr. Aparna Dixit

On the occasion of Republic Day 26th January 2024, there are 15 plants planted by **Honorable V.C. Madam, Pro-V.C. Sir and Registrar sir** in the **Herbal garden of R.N. Kapoor Memorial Ayurvedic Medical College &Hospital**. The activity is co-ordinated by **Prof. Suresh Saini, Dr. Aparna Dixit** and gardeners under the guidance of respected **Principal Madam Prof. Manisha Dunghav**.

The name of medicinal plants plants are:

AMRA	4 plants
JAMUN	4 plants
CHICKU	2 plants
ASHOKA	2 plants
ARJUN	2 plants
PIPAL	1 plant

GLIMPSES OF PLANTATION



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HOD & Profess
Dept. of Dravyaguna



R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE

Dr. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



Activity Report	
INSTITUTE	R.N. Kapoor Memorial Ayurvedic Medical College & Hospital
ACTIVITYTYPE	Hamara Ayush Hamara Swasthya – Health Checkup camp Health Awareness talk (Rampipliya village)
DATE	30 April 2024
NO.OF PATIENTS	15
MEDICAL CAMP CO-ORDINATOR	Dr.Mohan Dudwe
FACULTY CONTACT DETAILS	8817770281

Details about the activity:

R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore, had organized a one-day general health check up camp on 30/04/2024 in Village-Bijjukhedi, Indore.

The health checkup camp was inaugurated by Dr. Mohan Dudwe Consultant -Dept. of Shalakyta Tantra, R.N. Kapoor Memorial Ayurvedic Medical College & Hospital Indore, Dr. APJ Abdul Kalam University Indore.

The inaugural program was followed by registration, screening, Vision Test and personal consultation of the people. 15 Patients have been benefitted by the camp of EYE & ENT diseases and general diseases.

The team of physicians included Dr. Mohan Dudwe, the camp was supported by hospital staff Mr. Niraj Shakya and 5 students of 2nd year BAMS.

The people expressed their gratitude to Consultant & team of R.N. Kapoor Memorial Ayurvedic Medical College & Hospital and requested to conduct the health check-up periodically for better health.

PRINCIPAL
Dr. Manisha Dughav

CO-ORDINATOR
Dr. Mohan Dudwe



R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE

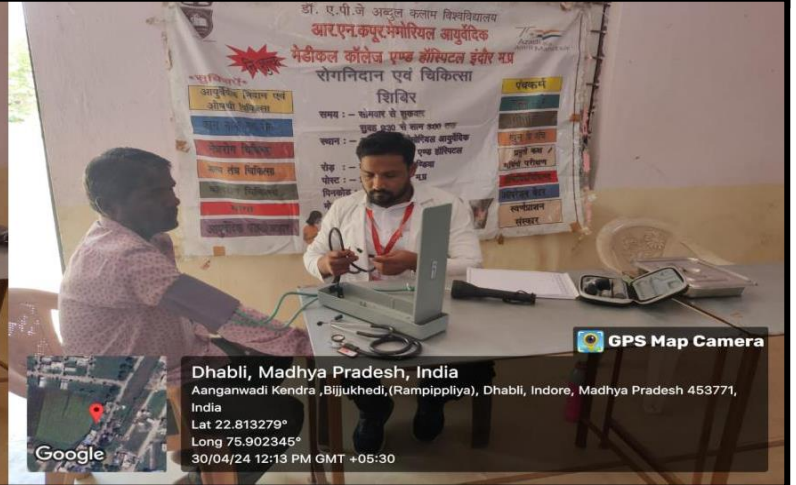
Dr. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE (M.P.)

...Nurturing Talents to Success...

GLIMPSES OF MEDICAL CHECKUP





(... Nurturing Talents to Success)

R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE

Dr. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE (M.P.)



Birthday Plantation Report 2024

INSTITUTE	R. N. Kapoor Memorial Ayurvedic Medical College & Hospital
Activity Type	Birthday Plantation
Faculty Members	Prof. Suresh Saini, Dr. Aparna Dixit,
Department	Department of Dravyaguna R. N. Kapoor Memorial Ayurvedic Medical College and Hospital, Indore
Faculty Contact Details	8097140062

Details about the activity:

On the occasion of **World Environment Day – 2023 on 05.06.2023** our **Department of Dravyaguna** have decided to celebrate birthday of students and teachers of the university by planting a medicinal plant in our herbal garden.

Following are the details of plantation:

Plantation by Teachers

S.N.	Name of Student	Birth Day	Plantation Date	Plant
1.	Dr.Aparna Dixit	1 st January	02.01.2024	15 Medicinal plants
2.	Dr.Mukesh Gupta	21 st January	21.01.2024	Rubber plant
3.	Dr.Rinkoo Chauhan	1 st March	01.03.2024	Orange Rose
4.	Dr. Suresh Saini	13 th March	13.03.2024	□□□□□□□□
5.	Dr.Gundappa Rao	20 th March	20.03.2024	भल्लातक
6.	Dr. Ashish Choyal	15 th April	17.03.2024	भल्लातक
7.	Dr.NehaRathore	17 th April	17.03.2024	रातरानी
8.	Dr.Apoorva Jain	20 th April	20.03.2024	हरीतकी



Dr. Suresh Saini

Dr. Suresh Saini
Professor & HOD
Dravvagun Dept.

Dr. Aparna Dixit

Dr. Aparna Dixit
Co-ordinator
Dravyagun Dept.



R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE

Dr. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



(... Nurturing Talents to Success)



<u>Birthday Plantation Report 2024</u>	
INSTITUTE	R. N. Kapoor Memorial Ayurvedic Medical College & Hospital
Activity Type	Birthday Plantation
Faculty Members	Prof. Suresh Saini, Dr. Aparna Dixit,
Department	Department of Dravyaguna R. N. Kapoor Memorial Ayurvedic Medical College and Hospital, Indore
Faculty Contact Details	8097140062

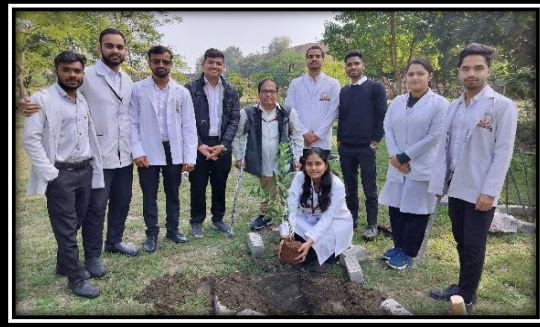
Details about the activity:

On the occasion of **World Environment Day – 2023** on **05.06.2023** our **Department of Dravyaguna** have decided to celebrate birthday of students and teachers of the university by planting a medicinal plant in our herbal garden.

Following are the details of plantation:

Plantation by Students

S.N.	Name of Student	Batch	Birth Day	Plantation Date	Plant
1.	Rajesh Parmar	2021-2022	8 January	08.01.2024	□□□
2.	Asmita Sabale	2021-2022	12 January	12.01.2024	□□□□□□□
3.	Pankaj Lovanshi	2021-2022	14 January	16.01.2024	White rose
4.	Atul Singh Bhadoria	2021-2022	5 February	05.02.2024	□□□□□
5.	Tanishka Barod	2022-2023	11 February	13.02.2024	Yellow rose
6.	Yash Joshi	2021-2022	15 February	15.02.2024	गुड़हल
7.	Shadab Ali	2021-2022	16 February	16.02.2024	जुही
8.	Khushboo Joshi	2021-2022	11 March	11.03.2024	□□□□□□□
9.	Dinesh Tapadiya	2021-2022	27 March	02.04.2024	मुचकुंद
10.	Kiran Rawal	2021-2022	30 March	02.04.2024	गरुड
11.	Harshit Goyal	2021-2022	2 April	18.04.2024	भल्लातक
12.	Harshita Vaishnav	2021-2022	10 April	18.04.2024	अमलतास





R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE DR. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



Activity Report

Institute	R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE
Activity type	AYURABHIVYAKTI 2024 (CULTURAL EVENTS)
Date	22. 04. 2024 to 24.04.2024
Year/Class	ALL STUDENTS OF BAMS
Duration	03 Days
Name of organization	DR. APJ ABDUL KALAM UNIVERSITY & R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE
Faculty Coordinator	Dr. Manisha G. Dunghav, Dr. Ganesh Mate, Dr. Arvind Paikrao, Dr. Suresh Saini, Dr. Veeranna Haveri, Dr. Neha Rathore, Dr. Aparna Dixit, Dr. Alka Chouhan, Dr. Sanimol Sunny, Dr. Apoorva Jain

Theme of the Programme –
1st & 2nd day – Traditional Day
3rd day – Bollywood Day

Day 1, Date: 22/04/ 2024

Inauguration Session: Inauguration of the cultural events AYURABHIVYAKTI 2024 were held by our chief guest PRO VC Dr. Rajeev Vishwakarma sir, principal of college of pharmacy shree Karunakar Shukla sir and Principal of our college Dr. Manisha G. Dunghav Madam and Faculty members in the first day of program by lighting the lamp followed by lord Dhanvantri Prayer.

Introduction of the Program: Introduction of the program was given by chief guest PRO VC Dr. Rajeev Vishwakarma sir, principal of college of pharmacy shree Karunakar Shukla sir and Principal of our college Dr. Manisha G. Dunghav Madam.

Description Of Program – program started with dance performance on Ganesh vandna by first year student Sandeep Yadav.

EVENTS –

1) Mr. & Miss Ayurveda

Total participants – 29 (female – 19, male – 10)

Judges for the Mr. & Miss Ayurveda competition – Dr. G. Rao, Dr. Ganesh Mate, Dr. Jyoti Jagtap,

Winners –

Mr. Ayurveda – Ankit Adhikary

Miss Ayurveda – Hitakshi Saxena

2nd day events (23/04/2024) - Dance competition

Judges – Dr. Jyoti Jagtap, Dr. Suresh Saini, Dr. Neha Rathore

1) Solo dance competition

Male participants	Female participants	Winners
3	8	1st – Kalpana Gehlot 2nd – Sandeep Yadav

2) Duet Dance competition –

No. of participants	Winners
3	1st – Sandeep Yadav & Harshal 2nd – Khushi & Pratiksha

3) Group Dance competition –

No. of participants	Winners
5	1st – Hitakshi, Komal, Kalpana, Pankaj 2nd – Riddhi, Aditi, Yashaswini, Sharda

3rd day events (24/04/2024) –

1) Singing competition –

Event	No. of participants	winners
Solo singing	5	1st – Kanishka 2nd – Aniruddha
Duet singing	1	1st – Bhumisha & Upendra

2) Talent Show –

No. of Participants – 08

Winners – 1st – Hitakshi Saxena

2nd – Khushi Agrawal

3) Drama competition –

No. of team – 01

Winner – Khushbu and group (batch 2021-22)

Valedictory Function –

program was ended with prize distribution to all the winners of sports & cultural events of AYURABHIVYAKTI 2024. Prize distribution done by pro VC Dr. Rajeev Vishwakarma sir, principal of RNKMAMCH Dr. Manisha G. Dunghav Madam and all the faculty members.

Lastly vote of thanks given by Dr. Manisha G. Dunghav Madam and program was concluded with National Anthem.

Photos of cultural event -





Activity Report

Institute	R.N.KAPOORMEMORIALAYURVEDICMEDICALCOLLEGE&HOSPITAL,INDORE
Activity type	FEMALE OUT-DOOR SPORTS @ AYURABHIVYAKTI 2024 (SPORTS & CULTURAL EVENTS)
Date	15. 04. 2024 to 24.04.2024
Year/Class	Students of B.A.M.S. of batch 2021-22, 2022-23, 2023-24
Name of organization	DR. A.P.J.ABDULKALAMUNIVERSITY&R.N.KAPOOR MEMORIALAYURVEDICMEDICALCOLLEGE&HOSPITAL,INDORE
Faculty Coordinator	Dr. Manisha Dughav, Dr. Ganesh Mate, Dr. Arvind Paikrao, Dr. Suresh Saini, Dr. Gundappa Rao, Dr. Atul Gaikwad, Dr. Niraj Gole, Dr. Veeranna Haveri, Dr. Aparna Dixit, Dr. Priyanka Solanki, Dr. Alka Chouhan, Dr. Sanimol Sunny, Dr. Apoorva Jain, Dr. Ajithkrishnan

Inauguration Session: Inauguration of the Sports and cultural events AYURABHIVYAKTI 2024 were held by our chief guest PRO-VC Dr. Rajeev Vishwakarma sir, principal of college of pharmacy; Registrar Dr. Rakesh Kumar Jatav sir; Mrs. Revathi Gupta, Dean Academics; Mr. Karunakar Shukla sir, Dean QIP; Dr. Vinod Kumar Vimal, Dean College of Homeopathy and Principal of our college Dr. Manisha G. Dughav Madam and Faculty members of the college in the first day of program i.e. 15/04/2024 by lighting the lamp and unveiling the programme followed by Lord Dhanvantri Prayer.

Out-door Sports: Sports of the male and female students were started from the first day i.e. 15/04/2024 and continued till 20/04/2024.

The Out-door sports for the female studentsheld were:Cricket, Volleyball, Kabaddi, Tug of war, Badminton (Singles), Badminton (Double), Table Tennis, Kho-Kho, 100 M Race and Relay Race.

Winners and runners-up of sports:

<u>Cricket</u>	Winners	Khushi Agrawal (Captain), Anisha Dahare, Chanchal Kaushal, Swati Thakkar, Apoorva Mishra, Aditi Sharma, Hitakshi Saxena, Khushboo Joshi, Purva Rathore, Harshita Vaishnav, BhumishaJiyani
	Runner-up	Niyanta Malviya (Captain), RuchaApte, Anushka Aher, Kanishka Mene, GautamiKusalkar, PradnyaSabale, Sakski Shinde, Ronak Bhatiya, Tripti Raj Solanki, Priyanshi, Sakshi Sharma
<u>Volleyball</u>	Winners	Khusboo Joshi, Anisha Dahare, Ayesha Mansuri, Triptiraj Solanki, Anushka, Vanshika
	Runner-up	Riddhi rajshekhar, Siddhi rajshakhar, Yashaswini, Bhavana, Katyayani, Disha
<u>Kabaddi</u>	<u>Winners</u>	Khusboo Joshi, Apoorva Mishra, Aditi sharma, Hitakshi Saxena, Anisha Dahare, Tripti Raj Slonki, BhoomishaJiyani
	Runner-up	Garima, Aditi Taiswal, AashitaSahu, Bhavna patil, SanikaDharamkar, Katyayni, Diksha Patel
<u>Kho-Kho</u>	Winners	RuchaApte, Anushka Aher, GautamiKusalkar, Anushka Somwanshi, Nandini Malviya, Anushka Patidar, Bhavi Pathak, Niyanta Malviya, Pradnya sable
	Runner-up	Manasavi Rathore, Diksha Patel, SanikaDharamkar, Disha Chourasia, Garima Kumawat, Aditi Jaiswal, Bhavana Patil, KripanjaliBhawsar, Katayani Rathore
<u>Tug of War</u>	Winner	YashaswiniThomare, TanishkaBarod, Prateeksha Rathore, Manasvi Rathore, Katyayni Rathore, SanikaDharmadhikari, Nishtha Verma, Radhika Goyal, Madiha Khanam, Sharda Jadhav
	Runner-up	Anisha Dahare, Bhumishajiyani, Ayesha Mansuri, Chanchal Kaushal, Vaishnavi Pawar, Asmita Sable, Khushboo Joshi, Prachi Jajha, Hitakshi Saxena, Niyanta Malviya
<u>Badminton (Singles)</u>	Winners	Riddhi Rajshekhar
	Runner-up	Vanshika Malviya
<u>Badminton (Doubles)</u>	Winners	Riddhi Rajshekhar, Siddhi Rajshekhar
	Runner-up	Khushi Agrawal, Apoorva Mishra
<u>Table-tennis</u>	Winner	Anisha Dahare
	Runner-up	BhumishaJiyani
<u>100 m. Race</u>	Winner	Vanshika Malviya
	Runner-up	Tripti raj Solanki
<u>Relay-race</u>	Winner	KripanjaliBhawsar, Riddhi Rajshekhar, Aditi Jaiswal, Katyayni
	Runner-up	Niyanta, Prachi Sarva, Shreya, Sakshi Shinde

Valedictory Function: Program was ended with prize distribution to all the winners of sports & cultural events of AYURABHIVYAKTI 2024. Prize distribution done by pro VCDr. Rajeev Vishwakarma sir, principal of RNKMAMCH Dr. Manisha G. Dunghav Madam and all the faculty members.







Activity Report

Institute	R.N.KAPOORMEMORIALAYURVEDICMEDICALCOLLEGE&HOSPITAL,INDORE
Activity type	AYURABHIVYAKTI 2024 (SPORTS & CULTURAL EVENTS)
Date	15. 04. 2024 to 24.04.2024
Year/Class	Students of B.A.M.S. of batch 2021-22, 2022-23, 2023-24
Name of organization	DR. A.P.J.ABDULKALAMUNIVERSITY&R.N.KAPOOR MEMORIALAYURVEDICMEDICALCOLLEGE&HOSPITAL,INDORE
Faculty Coordinator	Dr. Manisha Dunghav, Dr. Ganesh Mate, Dr. Arvind Paikrao, Dr. Suresh Saini, Dr. Gundappa Rao, Dr. Atul Gaikwad, Dr. Niraj Gole, Dr. Veeranna Haveri, Dr. Aparna Dixit, Dr. Priyanka Solanki, Dr. Alka Chouhan, Dr. Sanimol Sunny, Dr. Apoorva Jain, Dr. Ajithkrishnan

Inauguration Session:Inauguration of the Sports and cultural events AYURABHIVYAKTI 2024 was held by our chief guest of honor **PRO-VC Dr. Rajeev Vishwakarma sir, Principal of college of pharmacy, Registrar Dr. Rakesh Kumar Jatav sir, Mrs. Revathi Gupta, Dean Academics, Mr.Karunakar Shukla sir, Dean QIP, Dr. Vinod Kumar Vimal, Dean College of Homeopathy and Principal of RNKMAMCH Dr. Manisha G. DunghavMadam and Faculty members** of the college on the first day of program i.e. 15/04/ 2024 by lighting the lamp and unveiling the program followed by lord Dhanvantri Prayer. Sports event was unveiled on central sports ground by the auspicious hands of Chief Guest. Cricket Match proceedings was conducted by toss of coin in presence of all dignitaries with student participation with enthusiasm & joy.

Sports Events: Sports activity of male and female students commenced from 15/04/ 2024 and was completed on 20/04/2024.

Sports Activities of Male students held were: Cricket, Basket Ball, Volleyball, Kabaddi, Tug of war, Badminton (Singles), Badminton (Double), Carrom, Chess, Table Tennis, Kho-Kho, 100 M Race and Relay Race.

Winners and Runners-up of sports:

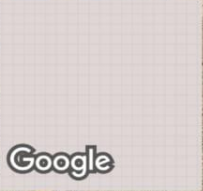
<u>Cricket</u>	Winners	Deepak Rathore, Vivek Chouhan, Kapil Vaishnav, Subham Jatav, Deepak Patel, Tufel Shaikh, Sagar Joshi, Shivam Verma, Lalit Goyal, Bhavesh Goyal, Lavish Nikumbh.
	Runner-up	Asim Shaikh, Rajesh Parmar, Farhan Ansari, Malay Ray, Kuldeep Yadav, Sachin Yadav, Ankit Rathore, Sandeep Sonartiya, Atul Bhadoriya, Vaibhav Sahu, Moh. Alsaif Mansuri /Rishabh Nagar
<u>Volleyball</u>	Winners	Ankit Mandloi, Samarjeet Singh Chouhan, Lavish Nikumbh, Yash Daswadkar, Sami Memon, Keshav Gupta.
	Runner-up	Asim Shaikh, Malay Ray, Rajesh Parmar, Atul Bhadoriya, Yashwant Tambekar, Yash Joshi.
<u>Kabaddi</u>	Winners	Rahul Dangi, Mayank Gangrade, Abhishek Patidar, Surendra Longre, Tanmay Desale, Rohit Alawa, Vishal Solanki
	Runner-up	Malay Ray, Rajesh Parmar, Atul Singh Bhadoriya, Asim Shaikh, Farhan Ansari, Yash Joshi, Kuldeep Yadav.
<u>Kho-Kho</u>	Winners	Malay Ray, Asim Shaikh, Farhan Ansari, Rajesh Parmar, Vaibhav Sahu, Atul Bhadoriya, Sandeep Sonartiya, Yashwant Tambekar, Kuldeep Yadav.
	Runner-up	Vishal Solanki, Mayank Gangrade, Rahul Dangi, Ravi Chouhan, Bilal Khan, Sandeep Yadav, Bhavesh Prajapati, Bhavesh Gurjar, Abhay Mourya.
<u>Basket Ball</u>	Winners	Keshav Gupta, Lavish Nikumbh, Deepak Rathore, Bhavesh Goyal, Ankit Mandloi.
	Runner-up	Tushar Rathore, lakshya Sharma, Vishal Solanki, Mayank Morya, Sonu Kanojiya.
<u>Tug of War</u>	Winner	Surendra Longre, Mayank Gangrade, Anshul Malviya, Lakshya, Sharma, Abhishek Patidar, Mayank Morya, Tushar Rathore, Rohit Alawa, Tanmay Desale, Vishal Solanki.
	Runner-up	Atul Singh Bhadoriya, Rajesh Parmar, Malay Ray, Asim Shaikh, Dinesh Tapdiya, Yash Joshi, Yashwant Tambekar, Kuldeep Yadav, Farhan Ansari, Sandeep Sonartiya.
<u>Badminton (Singles)</u>	Winner	Asim Shaikh
	Runner-up	Tanmay Desale
<u>Badminton (Doubles)</u>	Winners	Asim Shaikh, Malay Ray
	Runner-up	Tanmay Desale, Vishal Solanki
<u>Table-</u>	Winner	Rahul Dangi

<u>tennis</u> <u>(Singles)</u>	Runner-up	Asim Shaikh
<u>Table-tennis</u> <u>(Doubles)</u>	Winners	Rahul Dangi, Lakshya Sharma
	Runner-up	Asim Shaikh, Atul Bhadoriya
<u>100 m. Race</u>	Winner	Bhavesh Gujar
	Runner-up	Rahul Dangi
<u>Relay-race</u>	Winners	Bhavesh Gurjar, Rahul Dangi, Sandeep Yadav, Mayank Gangrade.
	Runner-up	Keshav Gupta, Lavish Nikumbh, Lalit Goyal, Deepak Anjana.
<u>Carrom</u> <u>(Singles)</u>	Winner	Vaibhav Sahu
	Runner-up	Kuldeep Yadav
<u>Carrom</u> <u>(Doubles)</u>	Winners	Ankit Adhikary, Bhavesh Goyal.
	Runner-up	Dinesh Tapadiya, Yashwant Tambekar.
<u>Chess</u>	Winner	Sonu Kanojiya
	Runner-up	Yashwant Tambekar

Valedictory Function: Program concluded with prize distribution to all the winners of sports & cultural events of AYURABHIVYAKTI 2024. Prize distribution was conducted by auspicious hands of pro VC Dr. Rajeev Vishwakarma sir, Dr. Manisha G. Dunghav Madam Principal of RNKMAMCH and all the faculty members of RNKMAMCH.



 **GPS Map Camera**



Indore, Madhya Pradesh, India
Unnamed Road, DLF Garden City, Talawali Chanda, Indore, Madhya Pradesh 453771, India
Lat 22.792066°
Long 75.934167°
19/04/24 12:01 PM GMT +05:30





 **GPS Map Camera**



Indore, Madhya Pradesh, India
QWXJ+JMM, Bypass Road, Arandia, Indore, Madhya Pradesh 453771, India
Lat 22.799084°
Long 75.932169°
15/04/24 03:25 PM GMT +05:30







**R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL
COLLEGE & HOSPITAL, INDORE
DR. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)**



Activity Report	
INSTITUTE	R.N. Kapoor Memorial Ayurvedic Medical College & Hospital
ACTIVITY TYPE	Hamara Ayush Hamara Swasthya–Swarna Prashana Camp & health check-up camp
DATE	20 nd March 2024
NO. OF PATIENTS	198
MEDICAL CAMP CO-ORDINATOR	Dr. Alka Chouhan, Ms. Chandrasekhar Verma
FACULTY CONTACT DETAILS	8878746824

Details about the activity:

On the occasion of Pushya Nakshatra we at R.N. Kapoor Memorial Ayurvedic Medical College & Hospital, Indore had organized a Swarna Prashana camp & health check- up camp on 20/03/2024 at Anganwadi, Bijjukhedi Village, district Indore.

The Swarna Prashana camp and school health check-up camp was inaugurated by Dr. Alka Chouhan, Consultant & Assistant professor, Dept. of Kaumarabhrithya at R.N Kapoor Memorial Ayurvedic Medical College& Hospital Indore, Dr. APJ Abdul Kalam University Indore. Inaugural address was also delivered by her.

The inaugural program was followed by registration, screening and personal consultation of the students. 198 children had been benefitted by the camp.

The team of consultants included Dr. Alka Chouhan, Ms. Chandrashekhar Verma (Assistant Deputy Registrar), Dr. Ayushi Sharma (MO). The camp was supported by hospital staff Ms. Niraj Shakya (Nursing Staff), and Ishika verma (Nursing staff).

The Anganwadi worker expressed their gratitude to Consultant & team of R.N. Kapoor Memorial Ayurvedic Medical College & Hospital and requested to Conduct the health check-up periodically for better health.

**PRINCIPAL
DR. MANISHA G DUNGHAV**

**CO-ORDINATOR
CONSULTANT
DR. ALKA CHOUHAN**



R.N. KAPOOR MEMORIAL AYURVEDIC MEDICAL COLLEGE & HOSPITAL, INDORE

DR. A.P.J. ABDUL KALAM UNIVERSITY, INDORE (M.P.)



(SWARNA PRASHANA CAMP & SCHOOL HEALTH CHECK-UP CAMP)

